

# Roanoke County Incentive Program

## 2025-2026 Annual Physical Form

### NOTICE TO PATIENT

Please fill out the top portion of this form and take it to your medical provider when you complete your annual physical. This activity must occur between June 1, 2025 and May 31, 2026 to count towards the ROANOKE COUNTY INCENTIVE PROGRAM activity. Once completed by your provider, it is YOUR responsibility to submit this form to Marathon Health following the **instructions on the second page** of this form. BY COMPLETING THIS FORM AND SUBMITTING IT TO MARATHON HEALTH, YOU CONSENT TO THE DISCLOSURE BY MARATHON HEALTH TO ROANOKE COUNTY THAT YOU HAVE COMPLETED THE ANNUAL PHYSICAL. You may revoke your consent to this disclosure at any time by sending us a notice in writing. Your revocation will not apply to information already disclosed by Marathon Health pursuant to this verification form.

TODAY'S DATE

PATIENT NAME (Please Print Clearly)

PATIENT DATE OF BIRTH

### NOTICE TO PROVIDER

Your patient has an opportunity to complete an annual physical as a part of their employer or group health plan's wellness incentive program. Please complete the section below to verify that you have provided services to this patient.

QUALIFYING PROGRAM ACTIVITY	DATE OF EXAM	PROVIDER INITIALS
ANNUAL PHYSICAL		

PROVIDER SIGNATURE

PLEASE PRINT (OR PROVIDER STAMP)

PROVIDER PHONE NUMBER

### **DEADLINE:**

Please submit this form no later than 05/31/2026 following the form submission instructions on the second page.

### **Questions?**

Call 1-866-434-3255



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### How to upload a physician form

**Deadline:** Please submit your form no later than **05/31/2026**

#### Marathon Health Portal

- Log in or create an account at [my.marathon.health](https://my.marathon.health)
- Click “View Program Details” on the homepage
- Select the activity you are submitting a form for
- Click the “Upload Incentive Form” button to upload your completed document

***Incentive credit will be awarded within 24-48 hours after your form is uploaded.***

#### Marathon Health App

- Log in to the Marathon Health App
- Click the incentive program under “My Incentives”
- Select the activity you are submitting a form for
- Click the “Upload Incentive Form” button to upload your document or take a photo

***Incentive credit will be awarded within 24-48 hours after your form is uploaded.***

#### Alternative option: Marathon Health Center

- Your health center will assist you with uploading your form in your incentive portal.
- Fax: (866) 493-1981
- Email: [southroanoke.clinic@marathon.health](mailto:southroanoke.clinic@marathon.health)

***Incentive credit will be applied within 10 business days after your form has been submitted.***

***Note: For those who are not currently receiving the incentive, please submit as soon as possible to receive the HRA funds.***